










BREAKFAST CLUB

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	 Porridge with honey	Baked beans on toast	American style pancake with yogurt and blueberries 	Bacon Roll	Breakfast Burrito 
WEEK 2	 Cheesy crumpet	Yogurt cake	Sausage and tomato ketchup wrap 	Baked beans on toast	Porridge with berries 
WEEK 3	 English muffin with scrambled egg	Porridge with apple & cinnamon	Toasted bagel with cream cheese 	Warm Blueberry muffin	American style pancake with yogurt and berries 

AVAILABLE EVERY DAY

Whole grain cereals, fresh fruit, Yogurt, Granola, Whole grain toast or bread with jam, marmite, cream cheese or spread

Water, milk, fruit juice